

HIGH SCHOOL LUNCH

café

MON

TUE

WED

THU

FRI

red enchiladas | spanish rice | m | g

tossed spaghetti | meat sauce | baguette | m | g

homestyle beef stew | cornbread | m | g

crispy beef taco | spanish rice | m | g

italian lasagna | french baguette | m | g

deli

spicy ham & cheese sub | m | g

hawaiian chicken wrap | m | g

grilled chicken taco wrap | m | g

chicken bacon ranch wrap | m | g

munchable snack pack | m | g

bistro

grilled chicken salad | roll | m | g | v

chicken fajita salad | chips | m | g | v

fresh market salad | roll | m | g | v

ham chef salad | baguette | m | g | v

caesar salad | baguette | m | g | v

grill

spicy chicken sandwich | m | g

wrangler burger | m | g

favorite chili dog | m | g

texas bbq sandwich | m | g

classic cheeseburger | m | g

pizzeria

tony's classic pepperoni pizza | m | g

big daddy's pepperoni pizza | m | g

tony's deep dish personal pizza | m | g

tony's classic pepperoni pizza | m | g

tony's signature stuffed crust pizza | m | g

wok

teriyaki chicken | rice | m | g

orange chicken | rice | m | g

general tso's chicken | rice | m | g

sweet & sour chicken | rice | m | g

minh's chicken egg roll | m | g

diner

tyson chicken nuggets | roll | m | g

old fashioned corn dog | m | g

country steak fingers | roll | m | g

clux delux chicken strips | cookie | m | g

ball park cheesy nachos | m | g

sides

refried beans | v
carrots & broccoli | v
mandarin oranges | f
fresh fruit | f
assorted milk | d
chocolate pudding

steamed broccoli | v
tomato & celery | v
sliced peaches | f
fresh fruit | f
assorted milk | d
brownie

whipped potatoes | v
caesar side salad | v
diced pineapple | f
fresh fruit | f
assorted milk | d
chocolate cookie

tater tots | v
greek salad | v
sliced pears | f
fresh fruit | f
assorted milk | d
sugar cookie

green beans | v
baby spinach salad | v
tropical fruit salad | f
fresh fruit | f
assorted milk | d
rolled oat cake

combo meal

student full price \$2.50 | student reduced price \$0.40 | student free \$0.00 | non-student price \$3.50

choose at least 3 items | meat/meat alternative (m) | whole grain (g) | fruit (f) | vegetable (v) | dairy (d) | one must be a fruit or vegetable

choose two different vegetables to equal one vegetable serving

HIGH SCHOOL BREAKFAST

MON

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entrées

cereal bar

kolache

pig in a blanket

breakfast pizza

muffin

available daily: uncrustable | mini chocolate donuts | mini powdered sugar donuts

sides

available daily: fresh fruit | fruit juice | 1% milk | skim chocolate milk | skim strawberry milk

combo meal

student price \$0.00 | non-student price \$2.00

choose at least 3 items (whole grain entree, fresh fruit, fruit juice, milk) | one must be a fruit or juice

A LA CARTE

price list

lunch entrée \$2.50	chips \$1.00	jamba juice \$3.00
breakfast entrée \$1.50	snacks \$1.00	latte \$2.00
vegetable \$0.75	cheese sauce \$0.25	cappuccino \$2.00
fruit \$0.75	iced tea \$0.75	café au lait \$2.00
bread \$0.25	bottled water \$1.00	iced latte \$2.00
dessert \$0.50	izze \$1.25	iced cappuccino \$2.00
milk \$0.50	milk chug \$2.00	iced coffee \$2.00
juice \$0.25	naked juice \$2.50	premium pastry \$1.50

prepayment

To ensure quick service for all students, please prepay for meals by bringing cash or check to the café or by visiting www.paypams.com. Pre-pay for 20 lunches at a time and receive one lunch free—a savings of up to \$20 per year. Students may charge one combo meal before receiving a courtesy meal. Charging a la carte items is not permitted.

ECISD School Nutrition

1120 W. 10th St. · Odessa, TX 79763 · tel 432.456.9749 · fax 432.456.9748

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Menus are subject to change. All items follow applicable state and federal standards for NSLP, SBP, and Competitive Foods.

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