

Diabetes Quiz Online Training Module

1. Which of the following is true about insulin?
 - a) insulin works with glucose
 - b) the cell cannot use glucose without insulin
 - c) both of these are true
2. Which of the following is a symptom of hypoglycemia?
 - a) frequent urination
 - b) shaky
 - c) extreme thirst
3. During which of the following situations would you need to call 911?
 - a) low glucose level, conscious, able to swallow
 - b) low glucose level, conscious, uncooperative, confused
 - c) low glucose level, unconscious, or having a seizure
4. Why does someone get hypoglycemia?
 - a) they do not eat well and exercise a lot
 - b) they got too excited
 - c) they got sad and depressed
5. Why do we need to understand carbohydrates with diabetes?
 - a) carbs give us glucose and energy
 - b) diabetics need to balance the amount of carbs they eat to avoid highs and lows
 - c) both a and b are correct
6. Why do ketones show up in the urine of diabetics?
 - a) they fall down and get hit real hard
 - b) the body can't use the glucose and is starts to use ketones
 - c) both a and b are correct
7. How do you monitor the amount of glucose or sugar in the blood?
 - a) you do not need to do this with diabetics
 - b) get a small drop of blood and use the glucometer
 - c) you use a dip stick
8. Which of the following are quick steps you can take for low blood sugar?
 - a) give the student ½ cup of juice or coke
 - b) give the student 2 or 3 glucose tablets
 - c) both a and b are correct
9. If you check the blood sugar and it is over 250, what should you do?
 - a) follow the medical plan, call the parents and call your nurse
 - b) have the student drink water
 - c) both a and b are correct
10. Insulin can be given how?
 - a) by using an insulin syringe, an insulin pump, or an insulin pen
 - b) given by mouth
 - c) placed in the food