

Centers for Children and Families Employee Assistance Program For ECISD

Description of Services:

Centers for Children and Families will provide *Individual, Marital, Family, Play, and Group Counseling* for District employees and their families. Counseling is offered to persons age 3 to adult.

Counselors may be accessed for any of the following needs:

- Depression
- Anxiety
- Anger Management
- Marital Discord
- Domestic Violence
- Grief/Loss
- Peer Difficulties
- Thoughts of Suicide
- Divorce/Blended Families
- Premarital Counseling
- Workplace Difficulties
- Stress Management
- Bipolar Disorder
- Family Conflict/Violence
- Substance Abuse
- Skill Building for Parents
- Behavioral Acting Out in Children
- Eating Disorders
- Compulsive Sexual Behaviors/Internet Addictions
- Referral to Community Resources

-An after hour, on call service is available for emotional/behavioral crisis.

Employees will receive up to **6 counseling sessions** at no charge through this agreement. Should longer-term care be needed, Centers does accept Insurance, Medicaid and CHIPs as well as offering a sliding fee scale.

Scheduling an Appointment:

Appointments can be scheduled by calling either the Odessa (580-7006) or Midland (570-1084) office. First appointments are generally offered within one week of the initial phone contact.

Counseling Staff:

Centers for Children and Families Clinical Program is staffed by 12 Masters level counselors holding the following licensures and certifications:

- 10 Licensed Professional Counselors (LPC)
- 2 Licensed Professional Counselor – Interns (LPC-I)
- 2 Registered Play Therapists (RPT)
- 1 Spanish speaking counselor is available in both Midland and Odessa

Locations:

4241 Tanglewood Lane
Odessa, Texas 79762
580-7006

1004 N. Big Spring Street, Suite 325
Midland, Texas 79701
570-1084