Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel (new) coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. On March 11, the World Health Organization declared the rapidly spreading coronavirus outbreak a pandemic.

Symptoms associated with the virus are mild to severe fever, cough, and shortness of breath. There is currently no vaccine to protect against COVID-19, and there is no specific antiviral treatment for the virus.

MDLIVE doctors are here to help. If you have symptoms of the virus, our doctors can assess your condition and help determine the necessary next steps, all from the comfort of your home. If you are suffering from other common medical conditions, MDLIVE doctors provide reliable care while minimizing the exposure to contagious viruses like COVID-19.
Minimize the Risk of Exposure

- Stay home when you are sick
- Avoid close contact with people who are sick
- Clean and disinfect frequently touched objects and surfaces
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60 percent alcohol if soap and water are not available.
Worry, stress, and anxiety are expected, given the current conditions surrounding the coronavirus. Everyone handles these and their other emotions and responses differently.

MDLIVE is ready to listen and support you and your family during this challenging time. Our board-certified psychiatrists and licensed therapists can help you process the information as it develops, create strategies to manage your concerns, identify healthy activities, and put together a plan tailored to your unique situation and needs.

Now, more than ever, is a great time to focus on what you can control and your overall well-being. Schedule a private, confidential visit and keep both mentally and physically healthy with MDLIVE.
Frequently Asked Questions

+ **What is COVID-19**

+ **How does COVID-19 spread?**

+ **How long can COVID-19 survive on surfaces?**

+ **What is the status of COVID-19 in the United States?**

+ **What are the symptoms of COVID-19?**

+ **How do I know if I have shortness of breath?**

+ **What is the difference between COVID-19 and influenza?**
How should I protect myself and my family?

- Should I wear a face mask?
- Should I travel on a plane?

What should I do if I think I have COVID-19?

Seek the advice of a healthcare professional if you develop symptoms and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with an ongoing spread of COVID-19.

MDLIVE virtual visits are a good option. Our doctors are trained on the latest CDC guidance for providers and can assess your symptoms and risk factors to determine appropriate next steps.

Before seeking in-person care for COVID-19 symptoms, call your healthcare provider and tell them that you have or may have COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider’s office to keep other people in the office or waiting room from getting infected or exposed.

Is there a treatment for COVID-19?